

# OSCEOLA'S TRACK INVITATIONAL

**Thursday, April 3rd, 2025**

**Location:** Osceola Public School Track, located on the east side of Osceola High School, 565 S. Kimmel on the southwest edge of Osceola

**Teams:** Archbishop Bergan, Archangels Catholic, Clarkson/Leigh, East Butler, Giltner, High Plains Community, Nebraska Christian, Nebraska Lutheran, Osceola, Newman Grove/St. Edward, and Shelby/Rising City

**Meet Directors:**

Brett Webster, Osceola Public Schools, (402) 747-3121, fax (402) 747-3041

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**Starter:** Roger Hammond

**Entry Fee:** \$180.00 per school

**Admission:** Adults - \$6.00 & Students - \$4.00, **CRC Passes Accepted**

**ENTRIES:** We are using gobound.com software for the meet entries. Each team may enter a maximum of three participants in each event. Each participant may enter a maximum of 4 events. One relay team per school.

**Entries will be due Sunday, March 30, 2025 at 6:00 PM.**

<https://gobound.com/ne/>

Instructions to add to Meet Info

Entries will be entered through the Bound Website. If you already have an account, log in at <https://gobound.com/ne/> by clicking sign in and then selecting school. Go to your program then meet entries to enter your athletes. If you have not registered, please contact [brian@blacksquirreltiming.com](mailto:brian@blacksquirreltiming.com) to get signed up. Follow the links for further instructions on creating your roster Managing Your Team Roster | Bound Help Center (intercom.help) and signing up for the meet How to Register for a Meet Bound Help Center (intercom.help). There will be no meet website link.

## Scratches

**Meeting:** *A coaches meeting will be held at 8:00 a.m. in the shed by the concession stand.*

All scratch/ads will be accepted at the coaches meeting.

**Concessions:** Variety of foods and beverages.

**Bus Parking:** Buses Park in the parking lot south of the school building. Please have your driver stay to the FAR south end of the lot as near to the trees as possible.

**Restrooms:** Restrooms are available at the track site, located on the north and south sides of the concession stands. Dressing rooms/shower facilities inside the school are not available.

### **Scoring/**

**Awards:** 10-8-6-4-2-1. Trophies will be awarded to the team champion and the runner-up. Medals will be awarded to the first six places in individual events. Medals will be awarded to the first two relays.

**Uniforms:** Please check that all contestants are wearing legal uniforms as governed by Rule 4, Section 3. Also check your relays to make sure they are in compliance with the rules.

**Spikes:** 1/8" spikes or rubber-soled shoes will be required for all events. Failure to abide by this rule will result in disqualification for the participant from all events.

**HJ/PV:** Opening heights will be determined the day of the meet based upon entries and weather conditions.

### **Discus/Shot Put/LJ/TJ:**

Each athlete will be allowed 3 preliminary throws or jumps. The top 8 will qualify for the finals. Each athlete in the finals will be allowed 3 additional throws or jumps.

**Markings:** **No tape markings will be allowed on the track , runways or approach areas.** Non-stick removable markings may be used for the High Jump and Relays

**Qualifiers:** The first place finishers in each preliminary heat will qualify for the finals in the 100, 200, 100 lows & 110 highs. The finals will be filled with the

next fastest times. In the event there is a tie for the 8<sup>th</sup> position, a run off will be held after the 200-dash preliminaries.

**Jury of Appeals: Shelby/Rising City, East Butler & Giltner**

**Team Camps:** Team camps sites may set up on the west side of the football bleachers. All schools need to keep their camp area policed of litter and will need to clean up after the meet ends.

## **ASSIGNMENTS FOR THE OSCEOLA INVITATIONAL TRACK & FIELD**

**Osceola will use a FAT (Fully Automated Timing) system**

### **RELAY EXCHANGE ZONES AND CURVE JUDGES:**

400 M Relay Exchange Zone 1 = Clarkson/Leigh  
Exchange Zone 2 = High Plains Community  
Exchange Zone 3 = Nebraska Christian

**STARTER** Roger Hammond

**CLERK OF START** James Ekart, Osceola

**HURDLE SETTERS** Osceola

### **FIELD EVENTS (Teams listed first will compete first)**

9:00 a.m.      **Boys:** Discus-EB                      **Girls:** Shot Put-SRC  
   High Jump-NG/SE                      Triple Jump- NC  
   Long Jump- AC                              Pole Vault-HPC

10:45 a.m.      Shot Put-Giltner                              Discus-C/L  
   Triple Jump- NC                              High Jump- NEL  
   Pole Vault-HPC                              Long Jump- AB

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